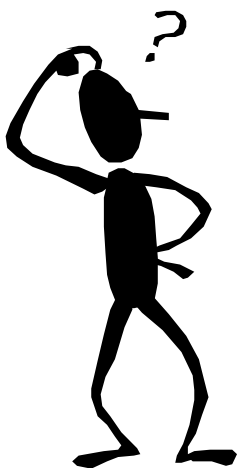


California Student Tobacco Survey

2007-2008

- This is a survey about health-related behaviors and attitudes. It includes questions about tobacco. Whether or not you have ever done any of these things, please answer all the questions. **You will be able to answer that you have not done the things we ask about.**
- You do not have to answer all of the questions in this survey, but we hope that you will.
- Please do not write your name on this form or on the answer sheet. Only *you* will know how you answered these questions.
- Please mark all of your answers on the answer sheet. Do not write on the survey questionnaire. Mark only one answer unless told to “Mark all that apply.” Please fill in the bubbles neatly with a #2 pencil.
- This survey asks about things you may have done during different periods of time, such as during your **lifetime**, the **past year**, or the **past 30 days**. Each is asked for a specific reason and provides needed information. Please pay careful attention to these time periods.



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California Student Tobacco Survey

The first questions ask for some background information about you.

1. How old are you?

- a. 12 years old or younger
- b. 13 years old
- c. 14 years old
- d. 15 years old
- e. 16 years old
- f. 17 years old
- g. 18 years old
- h. 19 years old or older

2. What is your sex?

- a. Female
- b. Male

3. What grade are you in?

- a. 6th
- b. 7th
- c. 8th
- d. 9th
- e. 10th
- f. 11th
- g. 12th
- h. Ungraded or other grade

4. Are you of Spanish or Hispanic origin?

- a. Yes
- b. No

5. How do you describe yourself? (Mark all that apply)

- a. American Indian or Alaskan Native
- b. Asian
- c. Black or African American
- d. Native Hawaiian or Other Pacific Islander (example: Samoan)
- e. White

6. Which one of these groups BEST describes you? (MARK ONLY ONE ANSWER)

- a. American Indian or Alaska Native
- b. Asian
- c. Black or African American
- d. Native Hawaiian or Other Pacific Islander (example: Samoan)
- e. White

The next group of questions asks about tobacco use.

Cigarette Smoking

7. Have you ever tried smoking cigarettes, even one or two puffs?

- a. Yes
- b. No

8. How old were you when you smoked a whole cigarette for the first time?

- a. I have never smoked a whole cigarette
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

9. About how many cigarettes have you smoked in your entire life?

- a. None
- b. 1 or more puffs but never a whole cigarette
- c. 1 cigarette
- d. 2 to 5 cigarettes
- e. 6 to 15 cigarettes (about 1/2 pack total)
- f. 16 to 25 cigarettes (about 1 pack total)
- g. 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
- h. 100 or more cigarettes (5 or more packs)

10. Now think about 12 months ago. At this time last year, about how much were you smoking?

- a. I've never smoked cigarettes
- b. I've smoked, but not at this time last year
- c. I smoked some days at this time last year
- d. I smoked most days at this time last year
- e. I smoked every day at this time last year

11. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?

- a. Yes
- b. No

12. During the past 30 days, on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

13. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- a. I did not smoke cigarettes during the past 30 days
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

**14. During the past 30 days, what brand of cigarettes did you usually smoke?
(MARK ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. I do not have a usual brand
- c. American Spirit
- d. Camel
- e. GPC, Basic, or Doral
- f. Kool
- g. Lucky Strike
- h. Marlboro
- i. Newport
- j. Parliament
- k. Virginia Slims
- l. Some other brand

15. Are the cigarettes you usually smoke menthol-flavored cigarettes?

- a. I do not smoke cigarettes
- b. Yes
- c. No

Your answers are very important to us.

Keep it up!

**16. During the past 30 days, how did you usually get your own cigarettes?
(MARK ONLY ONE ANSWER)**

- a. I did not smoke cigarettes during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed (or bummed) them from someone else
- f. A person 18 years old or older gave them to me
- g. I took them from a store or family member
- h. I got them some other way

17. During the past 30 days, where did you buy the last pack of cigarettes you bought? (MARK ONLY ONE ANSWER)

- a. I did not buy a pack of cigarettes during the past 30 days
- b. A gas station
- c. A convenience store
- d. A grocery store
- e. A drugstore
- f. A vending machine
- g. I bought them over the Internet
- h. Other

18. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was not asked to show proof of age

19. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, no one refused to sell me cigarettes because of my age

20. During the past 30 days, on how many days did you smoke cigarettes *on school property*?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

21. When was the last time you smoked a cigarette, even one or two puffs?

- a. I have never smoked cigarettes, even one or two puffs
- b. I smoked a cigarette earlier today
- c. Not today but sometime during the past 7 days
- d. Not during the past 7 days but sometime during the past 30 days
- e. Not during the past 30 days but sometime during the past 6 months
- f. Not during the past 6 months but sometime during the past year
- g. 1 to 4 years ago
- h. 5 or more years ago

22. Where do you smoke cigarettes? (Choose all that apply)

- a. I do not smoke now
- b. At home
- c. At school
- d. At work
- e. In the car
- f. At friends' houses
- g. At sports events, parties, dances, raves, or other social events
- h. In public buildings (fast food places, shopping malls, other hangouts)
- i. Outdoors (sidewalks, parking lots, parks, other outdoor places)

23. During the past 12 months, did you ever try to quit smoking cigarettes?

- a. I did not smoke during the past 12 months
- b. Yes
- c. No

24. Do you want to stop smoking cigarettes?

- a. I do not smoke now
- b. Yes
- c. No

25. How many times, if any, have you tried to quit smoking cigarettes?

- a. I have never smoked
- b. None
- c. 1 time
- d. 2 times
- e. 3 to 5 times
- f. 6 to 9 times
- g. 10 or more times

26. When you last tried to quit, how long did you stay off cigarettes?

- a. I have never smoked cigarettes
- b. I have never tried to quit
- c. Less than a day
- d. 1 to 2 days
- e. 3 to 7 days
- f. More than 7 days but less than 30 days
- g. More than 30 days but less than 6 months
- h. More than 6 months but less than a year
- i. More than a year

27. Do you think it would be easy or hard for you to get cigarettes if you wanted some?

- a. Very easy
- b. Sort of easy
- c. Sort of hard
- d. Very hard

Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip

28. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

- a. Yes
- b. No

29. How old were you when you used chewing tobacco, snuff, or dip for the first time?

- a. I have never used chewing tobacco, snuff, or dip
- b. 8 years old or younger
- c. 9 or 10 years old
- d. 11 or 12 years old
- e. 13 or 14 years old
- f. 15 or 16 years old
- g. 17 years old or older

30. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

31. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip *on school property*?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

Cigars

32. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?

- a. Yes
- b. No

33. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

Bidis and Kreteks

34. Have you ever tried smoking any of the following?

- a. Bidis (beedies)
- b. Kreteks (clove flavored)
- c. I have tried both bidis and kreteks
- d. I have never smoked bidis or kreteks

The next questions ask about your thoughts about tobacco.

35. Do you think you will smoke a cigarette at any time during the next year?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

36. If one of your best friends offered you a cigarette, would you smoke it?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

37. Has either of your parents (or guardians) told you not to smoke cigarettes?

- a. Mother (female guardian) only
- b. Father (male guardian) only
- c. Both
- d. Neither

38. Do you think smoking cigarettes makes young people look cool or fit in?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

39. Do you think young people who smoke cigarettes have more friends?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

40. Do you think young people risk harming themselves if they smoke from 1 to 5 cigarettes per day?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

41. Do you think it is safe to smoke for only a year or two, as long as you quit after that?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

42. Do you think you would be able to quit smoking cigarettes now if you wanted to?

- a. I do not smoke now
- b. Yes
- c. No

43. Have you ever participated in a program to help you quit using tobacco?

- a. I have never used tobacco
- b. Yes, at school
- c. Yes, but not at school
- d. No

44. Have you ever called the 1 800 NO BUTTS California tobacco hotline to help you quit using tobacco?

- a. I have never used tobacco
- b. Yes
- c. No

45. During this school year, did you practice ways to say NO to tobacco in any of your classes (for example, by role-playing)?

- a. Yes
- b. No
- c. Not sure

The next questions ask about community events that you may have heard about or that you may have seen on TV, at the movies, or on the Internet.

46. During the past 12 months, were you ever at any community activities that discouraged people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?

- a. Yes
- b. No

47. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?

- a. Not in the past 30 days
- b. 1-3 times in the past 30 days
- c. 1-3 times per week
- d. Daily or almost daily
- e. More than once a day

48. When you are using the Internet, how often do you see ads for tobacco products?

- a. I don't use the Internet
- b. Most of the time
- c. Some of the time
- d. Hardly ever
- e. Never

49. When you watch TV or go to movies, how often do you see actors using tobacco?

- a. I don't watch TV or go to movies
- b. Most of the time
- c. Some of the time
- d. Hardly ever
- e. Never

Some tobacco companies make items like sports gear, t-shirts, lighters, hats, jackets, and sunglasses that people can buy or receive free.

50. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture (logo) on it?

- a. Yes
- b. No

51. Would you ever use or wear something that has a tobacco company name or picture (logo) on it such as a lighter, T-shirt, hat, or sunglasses?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

The next questions ask about how often you're around tobacco smoke.

52. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

53. During the past 7 days, on how many days were you in the same room AT HOME with someone who was smoking cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

54. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

55. Do you think the smoke from other people's cigarettes is harmful to you?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

Keep it up... you are about halfway there!

56. Does anyone who lives with you NOW smoke cigarettes?

- a. Yes
- b. No

57. How many of your four closest friends smoke cigarettes?

- a. None
- b. One
- c. Two
- d. Three
- e. All Four
- f. Not sure

58. About what percent of students in your grade have smoked cigarettes at least once a month?

- a. 0 (none of them)
- b. 1 to 20% (a few of them)
- c. 21 to 40% (some of them)
- d. 41 to 60% (about half of them)
- e. 61 to 80% (most of them)
- f. 81 to 100% (all or almost all of them)

59. Which statement best describes the rules about smoking inside your home?

- a. Smoking is not allowed inside my home
- b. Smoking is allowed in some places/times
- c. Smoking is allowed anywhere in my home
- d. No rules about smoking in my home

The next few questions ask about what you may have learned about tobacco use in school.

60. During the last year (12 months), did you have any school lessons about tobacco?

- a. Yes
- b. No

61. During the last year (12 months), did your teacher or a guest speaker (for example, a nurse or someone from your community) talk to your class about NOT using tobacco?

- a. Yes
- b. No

62. During the last year (12 months), did you go to a school assembly or event about the harmful effects of tobacco use?

- a. Yes
- b. No

63. During the last year (12 months), did any of your teachers talk about the reasons why people your age smoke or do NOT smoke?

- a. Yes
- b. No

64. During the last year (12 months), did any of your teachers talk about how many people your age do NOT smoke?

- a. Yes
- b. No

65. During the last year (12 months), did any of your teachers talk about the effects of cigarette smoking on your body?

- a. Yes
- b. No

66. During the last year (12 months), did any of your teachers talk about the effects of second-hand smoke?

- a. Yes
- b. No

67. During the last year (12 months) was the information you received in school helpful in making decisions about not using tobacco?

- a. Yes, I decided to not start using tobacco
- b. Yes, I am thinking about quitting using tobacco
- c. No, it did not help me make decisions about using tobacco
- d. During the last year, I have not received any information in school about tobacco

68. Has what you learned in school during the last year (12 months) helped you feel it is okay to say “no” to friends who offer you cigarettes?

- a. Yes
- b. No
- c. During the last year, I have not learned anything in school about smoking

69. How hard would it be for you to refuse or say "no" to a friend who offered you a cigarette to smoke?

- a. Very hard
- b. Hard
- c. Easy
- d. Very easy

70. At your school, can students your age be trained to help students who want to quit using tobacco?

- a. Yes
- b. No

71. Does your school have any special groups or classes for students who want to quit using tobacco?

- a. Yes
- b. No
- c. I don't know

The next few questions concern tobacco advertising.

72. When you listen to the radio, how often do you hear advertisements about NOT smoking or NOT chewing tobacco?

- a. A lot
- b. Sometimes
- c. Hardly ever
- d. Never
- e. I don't listen to the radio

73. When you see billboards (outdoor signs), how often do you see advertisements about NOT smoking or about NOT chewing tobacco?

- a. A lot
- b. Sometimes
- c. Hardly ever
- d. Never
- e. I never see billboards

74. When you watch TV, how often do you see stories or advertisements about the dangers of smoking tobacco or chewing tobacco?

- a. A lot
- b. Sometimes
- c. Hardly ever
- d. Never
- e. I don't watch TV

75. When you go to sports events, fairs or community events, how often do you see advertisements for cigarettes or chewing tobacco?

- a. A lot
- b. Sometimes
- c. Hardly ever
- d. Never
- e. I don't go to sports events, fairs or community events

76. During the last 30 days, do you remember seeing on TV any of the following messages ABOUT NOT SMOKING? (Mark all that apply)

- a. Showed smoke swirling on screen and voices talking about smoking situations
- b. Showed tobacco executives from a tobacco company talking about light cigarettes
- c. Showed tobacco executives talking about becoming a friend of ethnic communities by paying for and supporting community events and organizations
- d. Showed the inside of a body and the damage done by breathing in smoke from someone else's cigarette
- e. Ending with the word "truth"
- f. Ending with the phrase "do you smell smoke?"
- g. I have not seen any of the above messages on TV

77. Do you think that tobacco companies try to get people addicted to cigarettes?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

78. If tobacco companies knew for sure that smoking hurts people, do you think they would stop selling cigarettes?

- a. Definitely yes
- b. Probably yes
- c. Probably not

- d. Definitely not

79. Tobacco companies try to get young people to start smoking by using advertisements that are attractive to young people.

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

80. If a new type of cigarette had fewer harmful substances in it, I would try it.

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

The next questions ask about community efforts discouraging smoking.

81. In your community, do police work with youth to try catching storeowners who sell cigarettes to persons under 18 years old?

- a. Yes
- b. No

82. In your community, do youth (persons under 18) get a ticket from the police if they are caught with cigarettes?

- a. Yes
- b. No

83. Have you heard about activities against smoking in your community that try to do any of the following? (Mark all that apply)

- a. Reduce tobacco company support for car races, rodeos, etc.
- b. Support a youth tobacco control group
- c. Reduce exposure to secondhand tobacco smoke
- d. Keep youth from getting tobacco products
- e. Reduce the amount of tobacco advertising
- f. Services or programs to help people quit smoking
- g. None of the above

84. Is there a rule at your school (for students and/or adults) that no one is allowed to use tobacco in the school building or on the schoolyard?

- a. Yes
- b. No

85. How many students who use tobacco break that rule?

- a. My school does not have a no-tobacco rule for students
- b. None
- c. A few
- d. Some
- e. Most
- f. All of them

86. Have you seen any adults break that rule?

- a. My school does not have a no-tobacco rule for adults
- b. Yes
- c. No

87. When a student breaks the no tobacco rule, which of the following could happen? (Mark all that apply)

- a. My school does not have a no-tobacco rule for students
- b. They get suspended from school
- c. They get a ticket
- d. They are referred to a special class
- e. They are referred to an adult counselor
- f. They are referred to a peer counselor (that is, a counselor of about the same age as the students)
- g. Parents are called in for a conference
- h. I don't know

88. At your school, are students allowed to wear or use something that has a tobacco name or picture on it?

- a. Yes
- b. No

The following statements relate to effects that smoking cigarettes might have on people.

89. Smoking cigarettes helps keep a young person from gaining too much weight.

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

...Almost There...

90. Young people who smoke cigarettes appear more grown-up.

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

91. Smoking cigarettes makes asthma worse.

- a. True
- b. False
- c. I don't know / I am not sure

92. Teenagers are too young to get addicted to tobacco.

- a. True
- b. False
- c. I don't know / I am not sure

93. Most young people do NOT smoke cigarettes.

- a. True
- b. False
- c. I don't know / I am not sure

94. Breathing smoke from someone else's cigarette can cause lung cancer.

- a. True
- b. False
- c. I don't know / I am not sure

95. During the past 12 months, did you ever feel so sad and hopeless almost everyday for two weeks or more that you stopped doing some usual activities?

- a. Yes
- b. No

96. I like new and exciting experiences, even if I have to break the rules.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree
- e. No opinion

97. What grades did you get in school last year?

- a. Mostly A's
- b. A's and B's
- c. Mostly B's
- d. B's and C's
- e. Mostly C's
- f. C's and D's
- g. Mostly D's
- h. D's and F's

98. During an average week, how much money do you get from a job or other sources (allowance, etc.)?

- a. None
- b. Less than \$1
- c. \$1-\$5
- d. \$6-\$10
- e. \$11-\$20
- f. \$21-\$50
- g. \$51-\$100
- h. \$101-\$150
- i. \$151 or more

99. During the past 30 days, how many days did you miss school for any reason, with or without permission?

- a. 0 days
- b. 1 day
- c. 2-5 days
- d. 6-10 days
- e. 11 or more days

*You are done.
Thank you for your help!*

